



How You See The World: Perspective

POSITIVE PERSPECTIVE BEHAVIORS

<i>If You Do This:</i>	<i>You May Seem:</i>	<i>Do I Do This?</i>		
		Usually	Sometimes	Rarely
Are flexible when faced with undesired circumstances	Easygoing, other-focused, low maintenance			
Are modest about your position relative to others	Comfortable to be around, accessible, connecting, down to earth			
Show responsibility for your own life situation	Independent, confident, in control			
Focus on the positive and lighthearted	Pleasant, optimistic, entertaining			