



Expressing Yourself: The Subtleties of Sex Appeal

POSITIVE SEX APPEAL BEHAVIORS

<i>If You Do This:</i>	<i>You May Seem:</i>	<i>Do I Do This?</i>		
		Usually	Sometimes	Rarely
Make appropriate eye contact	Comfortable to be with, socially aware, interested			
Hold your gaze just a little bit longer before looking away	Interested, attracted			
Touch others lightly	Warm, likable, interested			
Openly express your interest or attraction	Interesting, appealing, likable			
Show comfort with your body and an expectation of being found appealing	Appealing, sexy, confident			
Are playful in your interactions with others	Fun, comfortable with yourself, sexy			