

## Enough About Me: Showing Interest

## POSITIVE INTEREST BEHAVIORS

If You Do This:	You May Seem:	Do I Do This?		
		Usually	Sometimes	Rarely
Lean toward others when they are speaking	Interested, attracted, affirming			
Make eye contact	Interested, socially aware			
Use the other's name in the conversation	Focused, connected, attentive			
Ask questions of your conversational partner	Interested, attracted			
Listen actively	Not self-absorbed, engaged, focused			
Compliment or genuinely express your respect for someone	Affirming, understanding, likable			